

Midvale Hub Parenting Service Perth (North East)



MIDVALE HUB

Tuning in to Kids

A parenting program for parents of children aged 3-10 years

Tuning in to Kids is a 6 session program for parents, with children aged 3 to 10 years.

The program explores ways that parents can help their children develop emotional intelligence and increase the emotional connection between parents and children. Learn more about:

- developing emotion coaching skills to help children understand and regulate their own feelings and emotions
- promoting co-operative behaviour in young children
- developing parent's own emotional awareness
- managing emotions such as anger and anxiety



Where:	Bayswater Waves Cnr Broun Avenue & Priestly Street, Embleton
When:	Thursday 16th, 23rd, 30th August & 06th, 13th & 20th September 2018 *participants must be able to attend all sessions
Time:	9.30am to 11.30am
Cost:	FREE
Crèche:	Available onsite, for a small fee. Bookings essential. Please phone Bayswater Waves (08) 9276 6538 to register your child

For more information and to register, please contact:

Name: Midvale Hub Parenting Service Perth North-East

Telephone: (08) 9374 0327

Email: parentingservice@mundaring.wa.gov.au



Supported by



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Shire of Mundaring Children's Services