



**EVERY WEDNESDAY & FRIDAY**  
**RECESS: PP-YR 2 10.30-11.00 / YR 3-YR 6: 11.00-11.30**  
**LUNCH: 12.30 - 1.10**  
**CANTEEN MANAGER: BELINDA GAMBETTA**

**LUNCHES** (to be purchased on-line)

|  |                                       |      |
|--|---------------------------------------|------|
| Toasties   | Cheese                                | 4.00 |
|  | Ham and Cheese                        | 4.50 |
|  | Ham                                   | 4.00 |
| Sandwiches (wholemeal bread)<br>(Wraps \$0.50 extra) | Ham and Cheese                        | 4.00 |
|  | Vegemite                              | 2.50 |
|  | Vegemite and Cheese                   | 3.00 |
|  | Salad*                                | 4.00 |
|  | *lettuce, tomato, Cucumber, carrot    |      |
| Pizzas   | Ham and Cheese                        | 4.00 |
|  | Margarita                             | 4.00 |
|  | Meat Lovers                           | 4.00 |
|  | Hawaiian - Ham/Pineapple              | 4.00 |
| Pasta  | Lasagna                               | 5.00 |
|  | Macaroni and Cheese                   | 5.00 |
| Sushi (ordered in)                                   | Teriyaki Chicken & Cucumber (4pce ea) | 6.50 |
|  | Tuna & Cucumber (GF)(4pce ea)         | 6.50 |
|  | Avocado & Cucumber (V)(GF)(4pce ea)   | 6.50 |
|  | Teriyaki Chicken (8pce)               | 6.50 |
|  | Tuna (GF) (8pce)                      | 6.50 |
| Fried Rice (V)(GF)                                   | 5.00                                  |      |
| Beef Pies  | 4.50                                  |      |
| Sausage Rolls  | 4.00                                  |      |
| Tomato Sauce   | 0.30                                  |      |
| Soups (May - Sept)                                   | Pumpkin with Bread                    | 4.50 |
|  | Minestrone with Bread                 | 4.50 |

**SNACKS** (over the counter cash purchase at Recess)

|  |      |
|--|------|
| Vegetable Sticks with Hummus (carrots/cucumber/celery) | 2.00 |
| Fresh Whole Fruit                                      | 1.00 |
| Fresh Seasonal Fruit Salad                             | 2.00 |
| Yoghurts Vaalia Kids Pouch 140g (vanilla/strawberry)   | 2.50 |
| Various Hot Scrolls (Vegemite, Cheese, Ham & Cheese)   | 2.00 |
| Mini English Muffins (toasted nacho sauce & cheese)    | 2.00 |
| Muffin of the Day                                      | 2.00 |
| Popcorn  | 0.60 |

**DRINKS**

|   |      |
|---|------|
| Milk Pauls Trim (Plain) 150mls                                | 1.50 |
| Milk OAK Mini Shake 250mls (Strawberry/Chocolate)             | 2.50 |
| Juice Harvey Fresh 250mls (Orange/Apple/Apple & Blackcurrent) | 2.00 |

NB: This menu is compliant with the Department of Education's Healthy Food and Drink Policy and is Allergy Aware.

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