

# Midvale Hub Parenting Service Perth (North East)



## 1-2-3 Magic and Emotion Coaching

A parenting program for parents of children aged 2-12 years



This 3 session program is designed for parents with children aged 2 to 12 years. The program explores ways parents can increase their children's ability to manage, and self-regulate their feelings and reactions. Learn more about:

- building positive relationships with children
- encouraging positive behaviour
- setting family rules and routines
- planning to avoid or manage potentially difficult situations

**For more information, and to register, please contact:**

<b>Where:</b>	<b>Derrick Ernst Neighbourhood Centre</b> 5 Tara Street, Morley	
<b>Where:</b>	Tuesday 07 <sup>th</sup> , 14 <sup>th</sup> & 21 <sup>st</sup> August 2018 <i>* Participants are encouraged to attend all 3 sessions</i>	
<b>Time:</b>	12.30pm – 2.30pm	
<b>Cost:</b>	FREE	
<b>Crèche:</b>	Available on site, for a small fee. <b>Bookings essential.</b> Please phone (08) 9375 1985 to register	

**Name:** Midvale Hub parenting Service Perth North East

**Telephone:** (08) 9374 0327

**Email:** [parentingservice@mundaring.wa.gov.au](mailto:parentingservice@mundaring.wa.gov.au)



Supported by



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Shire of Mundaring Children's Services