

# Midvale Hub Parenting Service Perth (North East)



## 1-2-3 Magic and Emotion Coaching

A parenting program for parents of children aged 2 - 12 years



This 3 session program is designed for parents with children aged 2 to 12 years. The program explores ways parents can increase their children’s ability to manage, and self-regulate their feelings and reactions. Learn more about:

- building positive relationships with children
- encouraging positive behaviour
- setting family rules and routines
- planning to avoid or manage potentially difficult situations

<b>Where:</b>	<b>Maylands Public Library</b> 28 Eighth Ave, Maylands
<b>Where:</b>	Wednesday 07 <sup>th</sup> , 14 <sup>th</sup> & 21 <sup>st</sup> November, 2018 <i>* Participants must be able to attend all 3 sessions</i>
<b>Time:</b>	9.30am – 11.30am
<b>Cost:</b>	<b>FREE</b>
<b>Crèche:</b>	Available at “The RISE” for a minimal fee. Bookings essential. Please contact - Ph: 9208 2414 or 9208 2400 email: <a href="mailto:rise.creche@bayswater.wa.gov.au">rise.creche@bayswater.wa.gov.au</a>

**For more information, and to register, please contact:**

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Supported by



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Shire of Mundaring Children's Services