
FREE PARENTING SEMINARS – for EVERY PARENT
Positive Parenting Program SEMINAR SERIES TEEN
Term 1 2019
Mount Lawley Senior High School



Parents/carers/grandparents are invited to attend free parenting seminars to learn practical, positive and effective ways to strengthen bonds with their teenagers, encouraging them to develop the skills to become independent and to successfully connect with the wider community.

The seminars are standalone and parents may choose to attend one, two or all three of the seminars. However, it is best to attend all three to get the full benefit of the program. The seminars are a presentation style format rather than fully interactive. However, there is a question and answer opportunity in the last 15 minutes of the seminar. At each seminar you'll be given a tip sheet to take home to remind you of the great ideas you've heard.

When:	Wednesday 20 February	Seminar One:	Raising Responsible Teenagers
	Wednesday 27 February	Seminar Two:	Raising Competent Teenagers
	Wednesday 6 March	Seminar Three:	Getting Teenagers connected

Time: 7:00pm – 8:30pm

Venue: Mount Lawley Senior High School Library

Cost: Free – however bookings are essential.

Parents of children in Years 6, 7, 8 and 9 are welcome to attend. This is an adult only event, so please do not bring your teenager or younger children along.

For more information, or to register to attend a free parenting seminar please:

Visit the EventBrite page to register online (<https://teenpositiveparentingprogram.eventbrite.com.au>)
If you wish to attend all three seminars, you have to register for each seminar separately online.

We look forward to seeing you at the seminar.

Iva Filipovska (School Psychologist) and Mary Keeley (School Nurse)

NB: These seminars focus on strategies for supporting very low level challenging behaviours that teenagers display. For more in-depth parent support and complex presentations, the Group Teen Triple P would be a suitable option. You can check when and where this program is offered on the following website - <https://www.triplep-parenting.net.au/>