

Midvale Hub Parenting Service Perth (North East)



Supporting Children's Strong Emotions

This is a FREE 1.5 hour parent workshop recommended for parents and carers of children aged 3 to 10 years.

The workshop aims to support parents understanding of their children's emotional development and discussions around early brain development.

Learn more about;

- What are strong emotions and where do they come from?
- How to talk to children about strong emotions
- Strategies for self-regulation
- Enhance emotional literacy in children



Where:	Via online video conference platform accessible in your own home. <i>Must have access to WIFI and a device with a camera</i>
When:	Monday - 29 June 2020
Time:	7pm to 8.30pm
Cost:	FREE

For more information and to register, please contact:

Name: Midvale Hub Parenting Service Perth North–East

Telephone: (08) 9290 6827

Email: parentingservice@mundaring.wa.gov.au



Supported by



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Shire of Mundaring Children's Services